|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Menu | Servings | Meal Price | Section Name | Nutrient | Values | Recommended Minimum Per Meal (%) |
| Optimal combination of foods for one meal costs $5.27 | | | | | | |
| Bean Burrito | 1.0 | 5.27 | Veggie Cravings | Calories | 1120.0 | 140.0 |
| Cheesy Bean and Rice Burrito | 1.0 |  | Veggie Cravings | Protein (g) | 31.0 | 172.22 |
| Cheesy Toasted Breakfast Burrito Potato | 1.0 |  | Breakfast | Total Carbohydrate (g) | 153.0 | 355.81 |
|  |  |  |  | Dietary Fiber (g) | 17.0 | 188.89 |
|  |  |  |  | Total Fat (g) | 41.0 | 132.26 |
|  |  |  |  | Saturated Fat (g) | 12.0 | 150.0 |
|  |  |  |  | Trans Fat (g) | 0.0 | 0.0 |
|  |  |  |  | Cholesterol (mg) | 105.0 | 105.0 |
|  |  |  |  | Sodium (mg) | 2790.0 | 364.23 |
|  |  |  |  | Sugars (g) | 14.0 | 466.67 |
|  |  |  |  | Potassium (mg) | 1140.0 | 100.62 |
|  |  |  |  | Iron (mg) | 10.0 | 500.0 |
|  |  |  |  | Calcium (mg) | 510.0 | 153.15 |