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| Menu | Servings | Nutrient | Values | Recommended Minimum Per Meal (%) |
| Optimal combination of foods for one meal costs $4.69 | | | | |
| Cheesy Bean and Rice Burrito | 1.0 | Calories | 1330.0 | 166.25 |
| Fiesta Veggie Burrito | 1.0 | Protein (g) | 32.0 | 177.78 |
| Cheesy Toasted Breakfast Burrito Potato | 1.0 | Total Carbohydrate (g) | 164.0 | 381.4 |
|  |  | Dietary Fiber (g) | 19.0 | 211.11 |
|  |  | Total Fat (g) | 58.0 | 187.1 |
|  |  | Saturated Fat (g) | 16.0 | 200.0 |
|  |  | Trans Fat (g) | 0.0 | 0.0 |
|  |  | Cholesterol (mg) | 125.0 | 125.0 |
|  |  | Sodium (mg) | 2710.0 | 353.79 |
|  |  | Sugars (g) | 15.0 | 500.0 |
|  |  | Potassium (mg) | 1180.0 | 104.15 |
|  |  | Iron (mg) | 10.0 | 500.0 |
|  |  | Calcium (mg) | 580.0 | 174.17 |